

The Oregon Way

Engagement, Empowerment & Collaboration

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Engagement

- ▶ Create cross system relationships:
 - Health Care, Child Welfare, Advocates, Families, Youth and the Community must all be involved in the quality of care movement for children and youth.
- ▶ Listen to others:
 - Language and terminology does not necessarily mean the same thing to each system (what is consent?)
- ▶ Educate the systems:
 - Child Welfare, Health Care Community and System decision makers (political), need to both understand who foster children are and who they are not. Myth busting about foster children. One size does not fit all.

Empowerment

- ▶ Challenge the culture that a Health Care Professional is always right
- ▶ Using the term Clinician not Prescriber will begin to shift the paradigm
- ▶ Educate and support caseworkers, foster parents, and youth to ask questions of the Clinicians
 - Guides for Youth, Caseworkers and Advocates
 - State and Federal tools
- ▶ Child Welfare moved approval to authorize the administration of medication from the caseworker and foster parent to a supervisor.

Collaboration

- ▶ It starts at the Federal level:
 - Administration for Children and Families and Centers for Medicaid Services linked together
 - *Because Minds Matter: Collaborating to Strengthen Management of Psychotropic Medications for Children and Youth in Foster Care. 2012.*
 - ▶ Oregon Child Welfare and Oregon Health Authority
 - Shared responsibility and accountability
 - ▶ Shared data tracking with a focus on key areas to make change
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Foster Children - Pediatric Psychotropic Quarterly Report

Metric	Third Quarter Apr – Jun 2012			Third Quarter Apr – Jun 2014		
	Numerator	Denominator	%	Numerator	Denominator	%
Children on Antipsychotics without diabetes screen	224	421	53%	169	422	40%
Five or more concurrent psychotropics	32	955	3%	25	943	3%
Three or more concurrent psychotropics	340	955	36%	305	943	32%
Two or More Concurrent Antipsychotics	26	955	3%	20	943	2%
Under 18 years old on any antipsychotic	482	955	50%	423	943	45%
Youth five years and younger on psychotropics	23	955	2%	19	943	2%

***Average Daily population in foster care 2012: 8,524 children**

***Average Daily population in foster care 2014: 7,553 children**

Oversight reviews

- ▶ Annual review of medications by a licensed medical professional other than the prescriber.(Clinician) ORS. 418.517

Month	Number of Reviews	Completed Reviews (Timely)	Percent of Reviews Completed
July	82	73	89%
August	72	68	94%
September	80	68	85%

System Approach to Quality of Care Improvement

- ▶ Oregon Psychiatric Access Line about Kids
 - The mission of OPAL-K is to expand the availability of timely, high-quality mental health treatment to youth in Oregon through support of the patient-centered medical home. www.ohus.edu/OPALK
 - Improve child psychiatry access for primary care providers that creates opportunities for mentoring, education and consultation
 - Create a service that is blind to insurance and statewide for the care of all youth in Oregon

Trauma Informed Oregon

- ▶ Trauma Informed Oregon is a statewide collaborative aimed at preventing and ameliorating the impact of adverse experiences on children, adults and families. Trauma Informed Oregon works in partnership with providers, individuals with lived experience, and families to promote and sustain trauma informed policies and practices across physical, mental, and behavioral health systems and to disseminate promising strategies to support wellness and resilience.

<http://traumainformedoregon.org/>



Collaborative Problem Solving

- ▶ Changing the Paradigm;
“Kids will do well if they can”
- ▶ CPS is a strength-based, neurobiologically-grounded approach that provides concrete guideposts so as to operationalize trauma-informed care and empower youth and family voice.
- ▶ CPS is a skills set that can be taught and implemented by professionals, parents, teachers, and individuals themselves. <http://thinkkids.org/>

Resources from Oregon:

- ▶ Oregon Revised Statute 418.571

https://www.oregonlegislature.gov/bills_laws/ors/ors418.html

- ▶ Guide for Youth

<http://www.oregon.gov/dhs/children/fostercare/docs/DHS%200129%20-%20Foster%20Youth%20Tip%20Sheet.pdf>

- ▶ Guide for Caseworkers and advocates

<http://www.oregon.gov/dhs/children/fostercare/docs/DHS%200130%20-%20Caseworker%20Tip%20Sheet.pdf>

Oregon's Core Team

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 - ▶ Chris Barber, RN; Manager of Clinical Services, Oregon Health Authority
 - ▶ Heidi Beubriand, RN; Consulting Nurse, Department of Human Services, Child Welfare
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